

Slow Food Convivium grows quickly

Slow Food Oxon, one of nearly 1,000 Convivia (local chapters) of the international Slow Food movement (www.slowfood.com), has grown quickly and now also hosts a network of student members from Oxford and Oxford Brookes Universities.

BBO Food Group helped Slow Food Oxon (www.slowfood-oxon.org.uk) set up the Convivium and organise dinners, visits to breweries, and other events that combine education, fun and good dining. These events are open to non-members and members.

“In 2005, BBO Food Group helped us to apply for a £1,000 Communities Dividends grant from Mid-Counties Co-op to create the first ever international Slow Food Student convivium,” explains Liz Wilding of Slow Food Oxon.

“Students from Oxford Brookes and Oxford universities joined us for the ‘Dinner on a £4 Budget’ and ‘Fish on a Budget’ events which included cookery demonstrations and hands-on cooking.

“Slow Food Oxon membership doubled in a year thanks to the advert in the annual Local Flavours Food Guide, and we now have 80 members. Without the BBO Food Group’s admin support we would not be so successful or have set up the international network.”

Slow Food Oxon continues to champion local and sustainable food growing and producing. “We promote local producers whenever we can, including at the 2009 national Children’s Food Festival where our Taste Adventure stand was one of the highlights,” says Liz Wilding.

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Brookes Restaurant Chef Richard Wilson.



Fish cooking.



Slow learning.

Promoting the production and consumption of local food