



20 January for immediate use

## Breakfast at The Nut Tree showcases the best of Oxfordshire and Buckinghamshire produce

Locally-grown food on the menu in Oxfordshire and Buckinghamshire's hotels, pubs, restaurants and cafés – that's the aim of a new initiative being launched on Wednesday 27 January at The Nut Tree, Murcott in Oxfordshire.

Mike North, chef and owner of the Michelin-starred Nut Tree, is hosting the Oxfordshire and Buckinghamshire Breakfast menu during Farmhouse Breakfast Week for fellow chefs from across the two counties to showcase the best of local produce.

The initiative to ensure locally produced food and drink is available on the best menus in Oxfordshire and Buckinghamshire is run by BBO Food Group CIC.

Tamara Schiopu, director of BBO Food Group explains: "We support the business development of everyone working in the food industry, from farmers and growers through to chefs, caterers and cookery schools in the hospitality and food-service sectors.

"Membership of the BBO Food Group gives chefs the chance to meet producers and source high quality local, seasonal produce, as well as to promote their menus more widely."

Chefs and cooks who would like to attend this free Oxfordshire and Buckinghamshire Breakfast event on Wednesday 27 January at The Nut Tree can contact Tamara Schiopu at [info@local-food.net](mailto:info@local-food.net) or 01865 328786.

The Nut Tree at Murcott on the border of Buckinghamshire and Oxfordshire is renowned for hand-made bread and pastries, and home reared succulent meat from rare breed pigs.

National Farmhouse Breakfast Week 24 – 30 January celebrates the best meal of the day – breakfast. This is a chance for everyone to get into the healthy breakfast habit and celebrate the rich wealth of breakfast foods found across the country.

Health professionals all agree we should start the day with a healthy, balanced breakfast. Breakfast really can benefit your energy levels, concentration, mood and can even help you manage your weight. <http://www.farmhousebreakfast.com/>

Ends

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### **Notes to Editors:**

Berkshire, Buckinghamshire, Milton Keynes and Oxfordshire (BBO) Food Group CIC works to:

- enable as many people as possible to have access to good locally-produced food
- support producers who use humane, environmentally friendly methods, sell through local retail outlets, and are of benefit to local communities
- encourage retail and catering outlets (including supermarkets, shops, restaurants, hotels) to sell and use local food
- initiate and support projects that enable the production and consumption of local food by local people.

BBO Food Group is a Community Interest Company supported by local authorities in Berks, Bucks and Oxon, SEEDA and South East Food Group Partnership. [www.local-food.net](http://www.local-food.net)